

FAMILY AND FINANCIAL THERAPY OF FLORIDA

Services Agreement

The services provided by Family and Financial Therapy of Florida LLC are designed to help you achieve the changes you desire in your life. Therapy and coaching requires considerable time, effort, and money. Therefore, it is essential that we have a mutually shared understanding about the process of therapy and coaching. This document details the professional services of Family and Financial Therapy of Florida LLC. You are encouraged to review carefully and discuss your questions or concerns with Dr. Jean Theurer.. Your signature on this form indicates your acceptance and understanding of the terms outlined.

Confidentiality: Confidentiality is very important in the therapeutic relationship and all information discussed in sessions, with exceptions noted below, are kept private and confidential. I am mandated by law to share information if: a) you sign a release of information to a third party, b) there is a suspicion of child or elder abuse, c) there are threats of serious harm to oneself or others or d) a court of law subpoenas information for a legal proceeding. If one of these rare circumstances arises, every effort will be made to discuss the reporting process with you.

In the state of Florida, clinical records are the property of the practicing professional. Upon written request, a narrative summary of treatment will be provided.

If communication occurs via email or text message, the transmission and its content are not confidential. Therefore, do not put any information in an email or text that you want to remain private.

To prevent an accidental breach of confidentiality, I will not acknowledge our relationship if we see each other outside of our therapy sessions. However, you are welcome to approach me.

When working with couples and families, therapy sessions with one family member or partner may be beneficial to further understand relationship interactions. Some clients share secrets about their relationship during this time. Oftentimes, these secrets are the reason that therapy is sought. Since it is my experience that secrets can become a barrier to connection and intimacy, confidentiality cannot be assured.

Payment Policies: A free 15-minute phone consultation is conducted before scheduling. During this time, we can both decide if I am the best person to provide the services you need in order to meet your treatment goals. Online sessions last one hour for a fee of \$200 for an individual session and \$225 for a couples session. After one hour, the session fee is prorated in 15-minute increments, if necessary. This hourly fee is also applicable to other services that directly relate to treatment (e.g. client telephone consultations, attending school conferences, writing reports, meeting with other professionals on your behalf). If my services are required for court related issues (e.g. depositions, courtroom testimony, travel time), the fee is \$350 per hour.

If you should you need to cancel an appointment, please send an email to info@FamilyandFinancialTherapy.com. If notification is received at least 24 hours before the

appointment, no fee for services will be charged. However, you will be charged the full session fee for an appointment that you miss without giving advance notice.

Cell Phones, Text Messaging and Email: Electronic communication may be used to initiate and obtain information about therapeutic services, schedule appointments, transmit documents, and similar purposes initiated by the client or the therapist. Since cell phones, text messaging, and emailing are not secure means of communication and may compromise your confidentiality, there are limits to how I utilize these forms of communication with clients. Electronic communication is not an appropriate means of terminating services or contacting me in the event of a crisis situation whereby your safety or the safety of others may be at risk. Do not use electronic communication to bring up any therapeutic content or issues, unless this has been previously discussed and agreed upon by both therapist and client. All email correspondence and text messages will be kept as part of your clinical record.

Facebook, LinkedIn, Instagram, Pinterest, Twitter, etc: It is my policy not to accept requests from any current or former clients on social networking sites such as Facebook, LinkedIn, Instagram, Pinterest, etc. because it may compromise your confidentiality. You are welcome to "follow" me on any of the professional pages where I post. However, please do so only if you are comfortable with the general public being aware of the fact that your name is attached to Family and Financial Therapy of Florida LLC.

Emergency Services. If you are experiencing a mental health crisis,
contact your family physician
go to the nearest emergency room and ask for an on-call psychiatrist
call the Alachua County Crisis Center at 352-264-6789
call Suicide Prevention Hotline at 988
call 911, in the case of a life-threatening emergency

By signing below, I

Authorize treatment

Understand that Dr. Jean Theurer is a mandated reporter

Acknowledge the explanations to the limitations to confidentiality

Accept responsibility for payment of all fees

Give permission to call _____ at _____ in case of an emergency

Received a copy of this agreement

Client name Signature Date

Parent name (if client is a minor) Signature Date